

2023 Dates for the Rheumatology Group Sessions Occupational Therapy and Physical Therapy Services

Criteria to attend the group

- ✓ Under the active care of a Rheumatologist
- ✓ Assessed by the Physical Therapist and/or Occupational Therapist before attending group
- ✓ Managing your IA is for people with Rheumatoid Arthritis and Psoriatic Arthritis
- ✓ Managing your AS if for people with Ankylosing Spondylitis and Axial Spondyloarthritis
- ✓ All groups are **virtual on Zoom** except for the May and September Inflammatory Arthritis groups

Managing your Inflammatory Arthritis (IA)
January 23-26
March 20-23
April 17-20
May 15-18 (In person)
June 19-22
July 17-20
September 18-21 (In person)
October 16-19
November 20-23
December 11-14

Managing your Axial Spondyloarthritis Group (AS)
March 17
June 16
September 15
December 8

For more information, please call us at 780-407-6203