

## MyAHS Connect Sign Up Instructions

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MyAHS Connect is a secure patient portal that allows you access to some of your health information through Alberta Health Services. It is part of ConnectCare, a comprehensive electronic health care record which is rolling out across all Alberta Health Services facilities over the next 5 years.

MyAHS Connect allows you to view your lab or imaging results and appointment information. You can request appointments and receive appointment reminders through MyAHS Connect.

MyAHS Connect allows you to send a secure message to your rheumatologist rather than leaving a message by phone, and your physician can respond to you directly.

MyAHS Connect allows for virtual clinic visits through secure video communications, which has become more important as a result of the COVID-19 pandemic.

- 1) To access MyAHS Connect, you must first sign up for a MyAlberta Digital ID (**MADI**). This process can take up to a couple of weeks to complete as the government needs to validate your identity. To sign up for a MyAlberta Digital ID, type this address into your web browser: <https://account.alberta.ca/signup> - you will be mailed the MyAlberta Digital ID number with instructions on how to complete this portion of the sign up.
- 2) Once you have a MADI, you can then create a MyHealth Records account at this web address: <https://myhealth.alberta.ca/myhealthrecords>
- 3) After you have completed set up for your MyHealth Records account, please contact your rheumatologists' office to finish the process and receive access to MyAHS Connect.

If you have any questions about this sign up process, please don't hesitate to contact your physician's office.

MyAHS Connect can be accessed online or through an app on your smartphone.

- The web address to access online is: <https://myahsconnect.albertahealthservices.ca/>
- To access on your smartphone, download the MyChart app.

