

Alberta Health Services
**Contracted
Physiotherapy Clinics**

Edmonton Zone



Invest in your
**physical
well-being.**
We do.



**We believe in
the benefits of
physiotherapy.**

**It helps keep you moving...
by reducing pain, and
increasing strength and
flexibility.**

Alberta Health Services (AHS) Allied Health
— Edmonton Zone provides physiotherapy
services through a network of contracted
private clinics and public facilities. Together
with your physiotherapist, you can develop a
plan to maximize your physical function.

Who qualifies?

AHS Allied Health – Edmonton Zone may fund your initial assessment. To find out if your physiotherapy visits will be funded by AHS, call one of the clinics listed in this brochure; Ask for details about an AHS funded assessment.

To see if you qualify for AHS funded treatment, a physiotherapist will assess:

- how your injury or condition affects your daily activities, and
- the benefits you are likely to get from physiotherapy.

If you **do not qualify** based on the AHS funded assessment,

- you may want to look for other funding options, or
- you can seek a second AHS funded assessment at another AHS contracted clinic for a second opinion.

What does Alberta Health Services cover after the initial AHS funded assessment?

If you qualify for AHS funded physiotherapy after the initial assessment, the number of physiotherapy visits you may have is based on your injury, condition or financial need.

See page 3 for details.

INJURY/CONDITION	FUNDED VISITS
Orthopedic conditions such as: <ul style="list-style-type: none"> • Recent broken bone • Recent designated muscle, bone or joint surgery 	6 funded visits
Neurological or spinal cord conditions, such as: multiple sclerosis, Parkinson's disease or stroke	6 funded visits
Incontinence or voiding disorder	6 funded visits
Other conditions	2 funded visits
Other conditions and meets low-income eligibility criteria	6 funded visits

AHS recognizes that you may require further physiotherapy treatments over those funded by AHS.

- If you need more treatments than those noted in this brochure, extra visits may be covered by other health benefits (see page 4: **What are my other options?**).
- If you have no other coverage and you have a qualifying neurological, incontinence or recent orthopedic condition OR you meet the low income criteria, you can ask your physiotherapist to apply for a review of your case. If additional treatments are not approved by AHS, you will be responsible to cover their cost.

What are my other options?

- Please be patient as there may be a wait for your AHS funded assessment.
- If you don't want to wait for an AHS funded assessment, or you don't qualify after having had your AHS funded assessment, you may choose to pay a physiotherapist privately or use your extended health benefits or your insurance.
- If you were hurt on the job, the Worker's Compensation Board may pay for your treatment.
- If you were injured in a motor vehicle collision, insurance might cover it.

Before you make your appointments, be sure you know **who** will be paying for your physiotherapy services. If you choose to pay privately, check in advance what the fee will be, as providers set their own rates for private clients.

Where can I get physiotherapy?

Physiotherapy services are provided at the contracted private clinics and public facilities listed on pages 5 to 14.

Contracted clinics in Edmonton are listed alphabetically in the 5 areas shown in the map to the right.



Central Edmonton

Baker Centre Physical Therapy Ltd.

707, 10025 - 106 St. 780-424-2565

Corona Physio – Rehab Centre

101, 10055 - 106 St. 780-424-4804

Edmonton Physical Therapy Clinic Ltd.

10179 - 109 St. 780-428-6881

Glenora Physiotherapy Clinic

Allin Clinic Health Centre
B1, 10155 - 120 St. 780-488-8582

In Step Physical Therapy

200, 10534 - 124 St. NW 780-454-5432

Leading Edge Physiotherapy RGC

Royal Glenora Club
11160 River Valley Road 780-761-1160

LifeMark Health – Academy Place Physiotherapy

207, 11520 - 100 Ave. 780-482-7428

LifeMark Health – Physiotherapy on Kingsway

112, 10611 - Kingsway Ave. 780-429-4636

Southwest Edmonton

Blue Quill Physical Therapy

288 Saddleback Road 780-988-2222

CSA Physiotherapy South Edmonton

10947 - 23 Ave. 780-988-5803

Grandview Heights Physical Therapy

12307 - 63 Ave. 780-437-8000

Heritage Valley Physical Therapy

201, 856 - 119 St. SW 780-989-8809

Innovation Physical Therapy Inc.

528 Riverbend Square 780-437-5141

Innovation Physical Therapy – University

350, 11044 - 82 Ave. 780-431-1050

Kinsmen Sports Centre Physical Therapy Clinic

102, 9100 Walterdale Hill 780-432-9555

Pleasantview Physiotherapy Clinic Ltd.

310, 11044 - 51 Ave. NW 780-438-4515

South Edmonton Physical Therapy & Sport Rehab

3010 - 106 St. 780-438-0001

Strathcona Physical Therapy Ltd.

211, 8225 - 105 St. 780-439-4181

The Glen Sather University of Alberta Sports Medicine Clinic

Edmonton Clinic - Level 2
11400 University Ave. 780-407-5160

Southeast Edmonton

Advance Physiotherapy & Rehab Center

9168 - 23 Ave.

780-461-5245

CBI Health Burnewood Physical Therapy

3420 - 43 Ave.

780-463-5757

CBI Health Edmonton Southeast

10141 - 50 St.

780-669-4855

Capilano Rehab Centre

5832 Terrace Road

780-466-1104

Grey Nuns Community Hospital Rehabilitation Medicine – Covenant Health

1100 Youville Drive West

780-735-7161

Millwoods Sports plus Physical Therapy Clinic Inc.

S & D Professional Centre
210, 2603 Hewes Way NW

780-466-9900

Physical Therapy Centre

4225 - 23 Ave.

780-440-9003

Summerside Children's and Sport Physiotherapy

1235 - 91 St. SW

780-466-8676

Tawa Physical Therapy and Sports Injury Clinic Ltd.

117, 3017 - 66 St.

780-450-0720

Whitemud Rehab Centre

8, 3908 - 97 St.

780-408-3115

North Edmonton

Acadia Physical Therapy

202, 12781 - 50 St. 780-473-1681

Balwin Physical Therapy

202, 12720 - 66 St. 780-472-7151

Beverly Physiotherapy (1999)

4105 - 118 Ave. 780-471-6161

Dunluce Physical Therapy

12112 - 161 Ave. 780-472-8989

Family Physiotherapy Clinic

G04, 7408 - 139 Ave. 780-472-1177

Innovation Physical Therapy – Belvedere

103, 6603 - 132 Ave. 780-473-6451

Kensington Physical Therapy & Sports Injury Clinic

12620C - 132 Ave. 780-452-8234

LifeMark Health – Lake Beaumaris Physiotherapy

201, 15379 Castledowns Road 780-456-3668

Pivotal Physiotherapy - Northgate Centre

2002 Northgate Centre
9499 - 137 Ave. 780-473-1461

Victoria Trail Physiotherapy

180, 550 Clareview Road 780-473-7665

West Edmonton

Belmead Physical Therapy

300, 8944 - 182 St. 780-444-0500

Callingwood Physical Therapy & Sports Injury Clinic

315, 6650 - 177 St. 780-481-2293

CBI Health Edmonton Northwest

11822 St. Albert Trail 780-423-2944

Canora Physical Therapy & Sports Injury Clinic

14924 Stony Plain Road 780-443-0300 ext. 2

Coronation Physiotherapy

142, 14315 - 118 Ave. 780-451-6263

Cura Physical Therapies

17032 - 90 Ave. 780-443-4473

Hawkstone Physical Therapy

206, 18332 Lessard Road 780-930-1331

LifeMark Health Institute

154 Meadowlark Health Centre
156 St. & 87 Ave. 780-429-4761

Meadowlark Physical Therapy Ltd.

307, 8708 - 155 St. 780-448-0880

Misericordia Community Hospital Rehabilitation Medicine – Covenant Health

16940 - 87 Ave. 780-735-2757

ReMed Rehabilitation Centre Ltd.

217, 14925 - 111 Ave. 780-451-2244

Sport Institute Physiotherapy

11828 - 111 Ave. NW

780-451-1234

Turning Point Physical Therapy

10708 - 142 St.

780-451-8611

West End Physiotherapy

311, 9509 - 156 St. NW

780-484-0514



Surrounding Areas >>

Beaumont/Devon/Leduc

Beaumont Physiotherapy & Sports Injury Clinic Ltd.

Suite 2, 5102 - 49 Ave.

Beaumont

780-929-5217

Devon Physical Therapy Ltd.

101B, 17 Athabasca Ave.

Devon

780-987-3582

CBI Health Centre – Leduc

100, 5013 - 49 Ave.

Leduc

780-980-9162

LifeMark Health – Leduc Physiotherapy

101, 4330 Black Gold Drive

Leduc

780-986-2599

Fort Saskatchewan/Redwater

Pivotal Physiotherapy - Fort Saskatchewan

Dow Centennial Centre

2nd Floor, 8700 - 84 St.

Fort Saskatchewan

780-992-1400

Redwater Physical Therapy

4808 - 49 Ave.

Redwater

780-942-2564

Sherwood Park

Eastgate Physiotherapy & Rehab Centre

100, 937 Fir St.

780-467-3848

LifeMark Health – Nor Med Therapies Central

150, 2016 Sherwood Drive

780-410-0900

LifeMark Health – Nor Med Therapies West

134, 80 Chippewa Road

780-449-4992

PT Health Sherwood Park

209, 501 Bethel Drive

780-449-0544

Sherwood Park Sports Physiotherapy

Millennium Place

214A - 2000 Premier Way

780-464-5915

Spruce Grove/Stony Plain

LifeMark Health – Stony Plain Physiotherapy

104, 4300 South Park Dr.
Stony Plain

780-963-5118

Parkland Rehabilitation Ltd.

Bay 1, 221 Jennifer Heil Way
Spruce Grove

780-962-1692

Sunrise Physical Therapy

112, 187 Highway 16A
Spruce Grove

780-960-8711

St. Albert

CSA Physiotherapy Grandin Plaza

508, Grandin Park Plaza
22 Sir Winston Churchill Ave.

780-458-0255

Dynamic Sports Physiotherapy

1502, 400 Campbell Road

780-458-8502

Leading Edge Physiotherapy

205A Carnegie Drive

780-458-2669

St. Albert Physical Therapy & Sports Injury Clinic

2012 Tudor Glen Place

780-458-8505

Sturgeon Valley Physiotherapy Ltd.

207, 31 Liberton Drive

780-459-5015

Summit Physiotherapy Ltd.

202, 200 Boudreau Road

780-459-1066

Incontinence Service Providers »

Edmonton and Area

CSA Physiotherapy Grandin Plaza

508, Grandin Park Plaza
22 Sir Winston Churchill Ave.
St. Albert 780-458-0255

Cura Physical Therapies

17032 - 90 Ave.
Edmonton 780-443-4473

Devon Physical Therapy Ltd.

101B, 17 Athabasca Ave.
Devon 780-987-3582

Innovation Physical Therapy – University

350, 11044 - 82 Ave.
Edmonton 780-431-1050

Pivotal Physiotherapy - Northgate Centre

2002 Northgate Centre
9499 - 137 Ave.
Edmonton 780-473-1461

Royal Alexandra Hospital Urotherapy Clinic, Women's Health

Lois Hole Hospital for Women
10240 - Kingsway Ave.
Edmonton 780-735-4761
Referral Required

Neurological Service Providers »

Edmonton and Area

Devon Physical Therapy Ltd.

101B, 17 Athabasca Ave.

Devon

780-987-3582

In Step Physical Therapy

200, 10534 - 124 St. NW

Edmonton

780-454-5432

PT Health Sherwood Park

209, 501 Bethel Drive

Sherwood Park

780-449-0544

Parkland Rehabilitation Ltd.

Bay 1, 221 Jennifer Heil Way

Spruce Grove

780-962-1692

Sturgeon Valley Physiotherapy Ltd.

207, 31 Liberton Drive

St. Albert

780-459-5015

Summerside Children's and Sport Physiotherapy

1235 - 91 St. SW

Edmonton

780-466-8676



For general information about physiotherapy, or to book an AHS funded assessment, call a clinic listed in this brochure.

For more information about Alberta Health Services funded physiotherapy coverage or other AHS Allied Health services in the Edmonton Zone, please contact:

Allied Health

Tel: 780-735-3490

Email: alliedhealth.edmontonzone@albertahealthservices.ca

HEALTHLink Alberta

Health advice 24 hours a day

Tel: 780-408-LINK

www.healthlinkalberta.ca



**Alberta Health
Services**